

Mobjack Rowing Association (MRA)

COVID-19 Contract and Waiver

These rules must be followed to be able to row any single or permissible double at Williams Wharf. These rules are put in place to protect our entire community. This contract and waiver must be signed prior to me rowing on the water or coming to practice at the Wharf.

In addition to the below, I will abide by all rules and regulations currently in place at the Wharf and within my registration paperwork.

- My USROWING membership is renewed and up to date.
 - I have signed all forms for the current rowing season
 - I have paid my dues.

- I will monitor my health daily. I won't come to the Wharf if I or a member of my household exhibit ANY of the COVID-19 symptoms. USROWING recommends taking your temperature before coming to the boathouse and if it is above 100.4, you should not come. I consent to have my temperature taken by MRA coaching staff at the start of each practice.

- I won't come to the Wharf for at least 14 days if I have contact with someone who tests positive for COVID-19, or received a confirmed negative test within the previous 72 hours. If I am diagnosed with COVID-19, I will not come back to the Wharf for a minimum of 14 days, and/or until I am cleared by a doctor.

- I will bring my hand sanitizer and mask to every practice.

- I will follow the directions of my MRA coaches.

- When in the boat storage areas, I will maintain 6 feet of distance from others.

- I will wear a mask while not on the water. I will put it back on before I come back to the dock.

- If I help someone carry his/her boat, I will maintain 6 feet of distance and will wear masks when doing so.

- I will make sure I am socially distanced when on the dock.

- I will disinfect club equipment thoroughly and meticulously after use with the provided product.

- I will disinfect my private equipment after use with the provided product.

- I will disinfect any other equipment including slings and racks after use with the provided product.
- I will follow all normal Mobjack Rowing Association safety rules in addition to these special requirements during this time.
- I realize it is my responsibility to politely educate non-rowers that we need space on our dock when launching and returning.

Masters: I will coordinate with coaches about appropriate days to come to the Wharf to participate. I understand that this rule is in place to keep the number of people at the boathouse low.

Juniors: I will only come on my designated practice day during my designated practice time. I will coordinate with my coaches with adequate advance notice if I have to be at the Wharf at other times. I understand that this rule is in place to keep the number of people at the boathouse low.

Assumption of the Risk and Waiver of Liability Relating to COVID-19.

COVID-19 is extremely contagious. As a result, federal, state, and local governments and federal and state health agencies recommend social distancing and have prohibited the congregation of groups of people. Mobjack Rowing Association (MRA) has put in place preventative measures to reduce the spread of COVID-19; however, MRA cannot guarantee that you will not become infected with COVID-19.

By signing this agreement, you acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that you may be exposed to or infected by COVID-19 by rowing at CBRC and that such exposure or infection may result in personal injury, illness, permanent disability, and death. You understand that the risk of becoming exposed to or infected by COVID-19 at MRA may result from the actions, omissions, or negligence of others, including, but not limited to, MRA employees, volunteers, and other club members. Further by signing this agreement, you agree to hold harmless MRA, its employees, volunteers and members. This includes all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating to COVID-19.

By agreeing below, you agree to comply with the above list of Rowers Responsibilities, and agree to the Assumption of Risk and Waiver of Liability Relating to COVID-19.

Name of Athlete Athlete	Signature	Date

Parent Signature (Junior Rower)	Date